

2022 NENTOA Cruise Itinerary Four Weeks					
Day	DATE	FROM	TO	Dist. (NM)	Time (Hrs. at 8.0 kts)
SAT	7/23/2022	Home Port	Captains Choice	?	?
SUN	7/24/2022	Captains Choice*	Scituate, MA	45	5.63
MON	7/25/2022	Scituate, MA	Gloucester, MA	25	3.13
TUE	7/26/2022	Gloucester, MA	Casco Bay, ME	78	9.75
WED	7/27/2022		Casco Bay, ME		0.00
THUR	7/28/2022	Casco Bay, ME	Boothbay Harbor, ME	30	3.75
Fri	7/29/2022		Boothbay Harbor, ME		0.00
SAT	7/30/2022	Boothbay Harbor, ME	Rockland, ME	39	4.88
SUN	7/31/2022		Rockland, ME		0.00
MON	8/1/2022	Rockland, ME	Camden, ME	7	0.88
TUE	8/2/2022		Camden, ME		0.00
WED	8/3/2022	Camden, ME	Warren, Island, ME	7	0.88
THUR	8/4/2022	Warren, Island, ME	Belfast, ME	10	1.25
Fri	8/5/2022		Belfast, ME		0.00
SAT	8/6/2022	Belfast, ME	Castine, ME	10	1.25
SUN	8/7/2022	Castine, ME	Bucks Harbor, ME	11	1.38
MON	8/8/2022	Bucks Harbor, ME	Benjamin River, ME	7	0.88
TUE	8/9/2022	Benjamin River, ME	Southwest Harbor, ME	23	2.88
WED	8/10/2022	Southwest Harbor, ME	Northeast Harbor, ME	4	0.50
THUR	8/11/2022		Northeast Harbor, ME		0.00
Fri	8/12/2022	Northeast Harbor, ME	North Haven, ME	30	3.75
SAT	8/13/2022	North Haven, ME	Port Clyde, ME	22	2.75
SUN	8/14/2022	Port Clyde, ME	Round Pond, ME	10	1.25
MON	8/15/2022	Round Pond, ME	South Bristol Harbor, ME	24	3.00
TUE	8/16/2022	South Bristol Harbor, ME	Casco Bay, ME*	30	3.75
WED	8/17/2022	Casco Bay, ME	Kittery, ME/Portsmouth, NH	45	5.63
THUR	8/18/2022	Kittery, ME	Scituate, MA	55	6.88
Fri	8/19/2022	Scituate, MA	Onset, MA	39	4.88
SAT	8/20/2022	Onset, MA	Captains Choice	?	?
SUN	8/21/2022	Captain's Choice	Home Port	?	?

\*Alternate: Go to Biddeford Pool instead of Casco Bay, adds 12 NM from South Bristol Harbor  
Yellow highlighting indicates different ports and/or dates than other itineraries.